

## Rosalind Stone

Rosalind is a regular public speaker at the Art of Living Festival in Cape Town. She draws on her own profound personal experience to explain the cyclical development of our chakras, and how that determines the reality we experience through our life. As a mother and veterinary nurse, Rosalind observes that children and animals respond well to the application of her philosophies.

With more than twenty years of experience in family counselling, Rosalind and has a wealth of wisdom to offer.



## Book Reviews

*Just Kidding* examines the different stages of emotional development, the foundations of which are laid during childhood and adolescent years, although we continue to build upon these foundations for life. Drawing on the author's experiences over the years as a holistic therapist and counsellor, the book outlines the factors which either positively or adversely effect this development, and offers simple principles for parenting. These principles also apply to interactions with other people throughout life, and can lead to greater understanding and harmony in all relationships.

*NetParenting BOOK OF THE WEEK* <http://www.netparenting.co.za/>

This book will fill you with love. A magical read for young and old. Nothing could be more satisfying than achieving completeness yourself and seeing your children do the same. This wonderful book covers all aspects of daily life and helps you to turn on the magic within. A must read!

*Renaissance Magazine, June/July 2002*

## *Rights sold to India* (Wisdom Tree)

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